

Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions



The National School Breakfast Program feeds 10 million children each day, and the National School Lunch Program feeds more than 30 million students. Yet the national nutrition standards and meal requirements for these meals were created more than a decade ago, making them out of step with recent guidance about childrens diets. With so many children receiving as much as 50 percent of their daily caloric intake from school meals, it is vital for schools to provide nutritious food alongside the best possible education for the success of their students. At the request of U.S. Department of Agriculture (USDA), the Institute of Medicine assembled a committee to recommend updates and revisions to the school lunch and breakfast programs. The first part of the committees work is reflected in the December 2008 IOM report Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. Phase II of the report is expected in Fall 2009. This first report provides information about the committees approach as it reviews the school lunch and breakfast programs. In the reports second part, the committee will share its findings and recommendations to bring these meals more in line with todays dietary guidelines. The committee welcomes public comments about its intended approach. An open forum will be held January 28, 2009 in Washington, DC to receive input from the public. Please go to <http://www.iom.edu/fnb/schoolmeals> for details or email FNBSchoolMeals@nas.edu with any input.

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FOOD AND NUTRITION BOARD - Nutrition Standards and Meal The National School Breakfast Program feeds 10 million children each day, and Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **Appendix B A Selection of Laws and Regulations Governing the** The National School Breakfast Program feeds 10 million children each day, and Phase I. Proposed Approach for Recommending Revisions. **Nutrition Standards and Meal Requirements for National School** The National School Breakfast Program feeds 10 million children each day, and the Programs: Phase I. Proposed Approach for Recommending Revisions. Phase Nutrition Standards and Meal Requirements for National School Lunch and **Nutrition Standards and Meal Requirements for National School** The National School Breakfast Program feeds 10 million children each day, and the Yet the national nutrition standards and meal requirements for these meals were Programs: Phase I. Proposed Approach for Recommending Revisions. **Appendix G Current Standards for Food-Based Menu Planning** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **Nutrition Standards and Meal Requirements for National School** possible revisions it will propose. During Phase II, the committee will recommendations for revisions to the School Nutrition Dietary Assessment On average, school lunches and school breakfasts Standard Menu Planning approach **Nutrition Standards and Meal Requirements for National School** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions: **7 References Nutrition Standards and Meal Requirements for** Phase I. Proposed Approach for Recommending Revisions Institute of Medicine, on Nutrition Standards for National School Lunch and Breakfast Programs **Front Matter Nutrition Standards and Meal Requirements for** The National School Breakfast Program feeds 10 million children each day, and Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **2 The Nutrition Standards and Meal Requirements: Description and** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions **none** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions **3 Working Principles and Criteria for the Committees Approach to** Yet the national nutrition standards and meal requirements for these meals were created the committees approach as it reviews the school lunch and breakfast programs. Phase I. Proposed Approach for Recommending Revisions (2008). **Appendix H Current Standards for Nutrient-Based Menu Planning** Nutrition Standards and Meal Requirements for National School Lunch and Break and Breakfast Programs: Phase I. Proposed Approach for Recommending for revision of the nutrition standards and Menu Requirements for the School **Nutrition Standards and Meal Requirements for National School** The national nutrition standards and meal requirements for the committee to recommend updates and revisions to the school lunch and breakfast programs. Lunch and Breakfast Programs: Phase I. Proposed Approach for **1 Introduction**

Nutrition Standards and Meal Requirements for Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions **Appendix F Selected Evaluations of School Meal Programs** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions **Nutrition Standards and Meal Requirements for National School** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions **5 Proposed Planning Model for Establishing Nutrition Standards for** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **Nutrition Standards and Meal Requirements for National School** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. The National School Breakfast Program feeds 10 million children each day, and Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **Appendix M Estimation of Cost of Food for One Weeks Menu** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **Nutrition Standards and Meal Requirements for National School** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions **Nutrition Standards and Meal Requirements for National School** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **Nutrition Standards and Meal Requirements for National School** The National School Breakfast Program feeds 10 million children each day, and Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **Appendix L MyPyramid Food Intake Pattern Compared with Meal** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **Nutrition Standards and Meal Requirements for National School** The National School Breakfast Program feeds 10 million children each day, and Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions. **Summary Nutrition Standards and Meal Requirements for National** **Nutrition Standards and Meal Requirements for National School - Google Books Result** Therefore, the Phase I work has Review and Assessment of Food Two recently released reports, The School Nutrition Dietary for the school meal programs. school breakfast and school lunch, Proposed Approach for Sensitivity **Nutrition Standards and Meal Requirements for National School** Nutrition Standards and Meal Requirements for National School Lunch and Breakfast Programs: Phase I. Proposed Approach for Recommending Revisions

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